

Fossil Finders

Tips for Tapping Into Your
Creativity



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Creativity is:

- a right-brained activity
- counter to what you were taught in school
- easier the more you look for it
- a step in the writing process
- more available than you know



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- Identify the issues in your way
 - Use positive reinforcements, not negative
 - Take breaks
 - Read, read, read
 - Keep a notepad with you always
 - Wait to revise
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Exercises to tap your creativity:

- Open a magazine to a picture, set a timer for 5 minutes, and write about the picture.
- Look for intriguing photos. Pick one and write the opening line to a book from it. Play with it first, then edit it down or write 10 of them and edit later.
- Make a list of products that are no longer available to buy and write about one of them.

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Exercises to tap your creativity (continued)

- Pretend to apply to a reality tv show, be as outrageous as you can be.
- Write about a holiday family dinner. Include all the wild characters and conversations, be sure to use all your senses.
- Give your first-grader self advice from your today self.

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Exercises to tap your creativity (continued)

- Sit in a public place with a notebook and eavesdrop. Write down everything you hear. When the creativity hits you, start writing what occurs to you instead.



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Exercise for today

- Set timer for five minutes and write about a chosen photograph.

The only rules are keep to writing for five minutes, and keep movement forward...no going back to edit or scratch out during the scheduled minutes.